

# CYBER SAVVY

# STRIDE. EDUCATION

UPSKILL.EMPOWER.THRIVE.

Equip students with age appropriate understandings of how they and their friends can remain safe online.



## HOW IT WORKS

Stride's CyberSavvy program, recognises the importance young people place on their online identity and relationships and seeks to give them practical skills for effectively navigating their extensive online use. Our young people today consider their cyber relationships just as important as face-to-face, and so it is all the more critical to educate them about safely navigating the internet, both for themselves and for others.

The content delivered is age appropriate and adjusted to be relevant for the particular age group we work with.

As young people continue to access the internet even more readily, it's crucial that we have discussions to prepare them for life online, and to help them become aware of the need to protect themselves and their friends.

## TESTIMONIALS

*"I enjoyed the activities in the program. They were powerful and showed me how to see things from a different perspective."*

- Year 6 student

*"The program was fun and I enjoyed learning about my digital footprint."*

- Year 6 student

## LEARNING OUTCOMES

### Personal and Social Capability

- Express emotions appropriately
- Develop self-discipline & set goals
- Understand relationships
- Negotiate and resolve conflict
- Make decisions
- Communicate effectively

### Critical and Creative Thinking

- Pose questions & Connect ideas
- Imagine possibilities
- Seek solutions
- Put ideas into practice
- Consider alternatives
- Think about thinking (metacognition)
- Apply logic and reasoning

## RECOMMENDED FOR...

Older primary school and all secondary school students that are interacting with the online world.

## BOOK NOW!

Call us on 03 9088 5520  
email [office@stride.org.au](mailto:office@stride.org.au)  
visit [www.stride.org.au](http://www.stride.org.au)